

# Join Webbly for a FREE family event at Everett Memorial Stadium

National CPR & AED Awareness week

Saturday, June 8th, 10am-1pm



## Do what it Takes to have a healthy heart

Steve Willits, Everett AquaSox & Silvertips  
announcer will MC

PEDAL CAREFULLY  
THROUGH THE CASCADE  
BIKE SAFETY COURSE!

PET A DOG FROM THE  
MOTLEY ZOO

Free  
AquaSox giveaways

EVCC Nursing  
students  
Blood Pressure testing

IRG Physical Therapy  
stretching, walking & nutrition

Sound Bath

Survivor's Panel



YMCA Fun Run - with free  
prizes

Discounted AquaSox  
tickets  
for the June 8th, 7pm  
game

Providence  
Health Care

SAFE CITIZENS CPR TRAINING  
TIME TO GET HANDS-ONLY  
HEROIC!

Art from the Heart

family activities blending  
heart-healthy tips with  
quality time!

YOGA

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